**Hastings Little League Safety**

**Awareness Program and Coach Guidelines**

**Hastings Little League is an all-volunteer organization based in Hastings-on-Hudson, NY that provides an organized and instructional baseball and softball environment to children in the community.**

Our philosophy is to provide a **SAFE**, fun environment for our children to learn about the game and progress in their ability to play it.

The Safety Plan and Coach forms with related materials will be included with each team’s equipment bag to insure availability for practices and games.

**Hastings Little League Qualified Safety Plan Requirements**

1. Hastings Little Safety Officer: Tom Drake (914-400-9701), registered with Little League headquarters on XXXXXX

2. Hastings Little League will distribute a paper copy of the Hastings Little League Safety Manual and Guidelines to a manager/coach for each team. The Hastings Little League Safety Manual is also available on the Hastings Little League website at [www.hastingslittleleague.com](http://www.hastingslittleleague.com).

3. **Emergency Number is 911**

Local Police – Hastings-on-Hudson PD 914-478-2344

Local Fire – Fire Chief’s Office 914-478-1322

**League Board Contacts**

League President – **Dan Sbrega** 917-297-8440

League Baseball Operations – **Paul Rice** [paul.rice@ypd.yonkersny.gov](mailto:paul.rice@ypd.yonkersny.gov)

League Softball Operations – **Nate Kessman** 347-249-3062

**John Doherty** 917-297-6802 League Financial Officer – **Sal DiLeo** 914-262-4230

League Registrar – **Rachel Curtis** 917-447-7641

League Safety Officer – **Tom Drake** 914-400-9701

League Equipment Manager – **Chris Moore** 917-560-1390

\*\*\* For a complete list of the Hastings Little League Board positions and names see hastingslittleleague.com.

4. **Manager/Coach/Volunteer Application**

All managers/coaches and volunteers for the Hastings Little League must complete and sign a Volunteer Application Form (online). The completed form and a copy of the coach/volunteer’s identification must be returned to the Hastings Little League Safety Officer so a background check may be completed for all volunteers prior to fields opening and the start of practices each new little league season. See appendix and website for Volunteer Form and Volunteer Form instructions. Coach and player rosters will be submitted to the Little League data center. Background checks will be completed annually for all volunteers.

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5. **Trainings in Fundamentals of Softball and Baseball on March 27, 2019**

At least on coach from each team will attend an annual training in the basics of softball/baseball and organizing a practice at Coach Orientation. Every coach must attend this training at least once every three (3) years. Attendees need to sign in. For additional info see “HLL Rules” and “Tips and Drills” at [www.hastingslittleleague.com](http://www.hastingslittleleague.com).

6. **Basics of First Aid Training on March 27, 2019.**

At least one coach from each team will attend an annually provided training in the basics of first aid. Every coach must attend once every three (3) years. Attendees must sign in. An “Accident Report Form” found on the website should be completed and sent to the League Safety Officer for each injury to a player/coach in a game/practice, that requires follow-up care by a doctor or ER.

Softee balls supplied to Rookies/8U/TBall. See benefit of Low Impact Balls on the website. Paramedic Jared Rosenberg, will give a basics of First Aid training @ Southside Athletic Club on above date. Training will review common health and injuries at practice including, but not limited to:

* Concussions
* Hydration
* Heat Exhaustion
* Sprains/fractures
* Abrasions
* Nose Bleeds
* Allergy concerns
* Weather-related issues

7. **Field Inspections**

Coaches will walk and visually inspect fields prior to practices and games. See “Safety Procedure for Coaches” on the website for a guide to possible hazards. Umpires are expected to walk and inspect the field prior to each game.

\*\*\* Report any hazards to League President Dan Sbrega\*\*\*

8. **Facility Survey**

An annual Facility Survey will be completed prior to the start of each Spring season. The completed Facility Survey will be submitted annually to Little League.

9. **Concession Stand Safety**

If the concession stand is opened for food sales, a flyer of procedures and suggestions for concession food safety will be provided to the concession stand. The concession stand will adhere to safe food preparation and storage procedures. Proper hand-washing technique and Safe Concession Safety procedures has also been posted in the concession stand.

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10. **Equipment Review and Inspection Completed March 9, 2019**

The Equipment Manager/League Safety Officer will inspect all equipment at the start of the Spring season. Coaches will ensure proper equipment for each game. Catcher’s gear will complete and in working condition. Umpires will inspect player equipment as needed prior to each game. Heart guards have been provided for each Mine/Major baseball team for Pitchers. All fields use disengage-able bases to reduce possible injuries.

11. **Accident Tracking and Reporting**

The League will track and report accidents using the Incident Tracking form (by Safety Officer) and the Accident Notification Form (by Coach). Extra Accident Notification Forms will be included with each team’s binder given out at orientation as well as on the website. Accidents at a game or practice that require first aid should be reported to the League Safety Officer within (48) hours of an incident. Email details of the incident (player/coach name, brief description, first aid provided) to email below as well. If follow-up medical care is required, complete an Accident Notification Form and forward to below. A copy of an Accident Notification Form is included in this packet.

All Accident Notification Forms are forwarded to:

League Safety Officer: Tom Drake

Cell: 914-400-9701

Email: [drake533@gmail.com](mailto:drake533@gmail.com) or

Home address: 6 South Drive, H-o-H, NY 10706

12. **First Aid Kit**

Each team will be issued an updated First Aid kit. First aid kits will be included with team equipment issuance and are required at practices and games.

13. **Enforcement of League Rules**

ALL Coaches/Managers will follow and enforce Hastings Little League rules, promote good sportsmanship in play, and player safety within games and practices. Including:

* Proper protective gear for catchers
* NO ON-DECK BATTERS
* Coaches/Volunteers will not warm up pitchers
* Bases will disengage on all fields
* Double first base

See appendix for Parent Code of Conduct.

A complete review of these items will be conducted during the coach/volunteer orientation on **March 27, 2019**. All items above are also posted to the Hastings Little League website at [www.hastingslittleleague.com](http://www.hastingslittleleague.com).

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14. **Safety Program Registration**

A copy of the League’s Safety Manual and the Safety Program Registration Form will be completed and submitted annually to Little League with all updates and changes.

15. The League will submit player registration data with player and coach/manager rosters once registration is complete and team rosters are completed. Data to be entered at [www.littleleague.org](http://www.littleleague.org)

**Appendix**

**Forms and Attachments Found on Website**

Little League Volunteer Application Form

Volunteer Form Instructions

Accident Notification Form

Low Impact Balls

Equipment Checklist

Coach Field Inspection Checklist

Umpire Inspection Form

Parent Code of Conduct Form

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